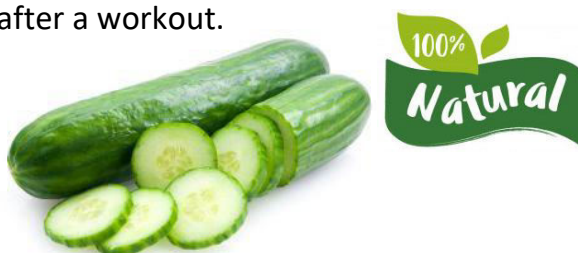


## CUCUMBER SMALL

- **Cucumber (*Cucumis Sativus*)** is a widely cultivated plant in the gourd family, Cucurbitaceae. It is a creeping vine bears cucumiform fruits that are used as vegetables.
- Consists mostly of water, and they also contain important electrolytes. They can help prevent dehydration in hot weather or after a workout.



### PACKING DETAILS

|               |                             |
|---------------|-----------------------------|
| Weight        | <b>10Kg</b>                 |
| Units/ Case   | <b>10Kg/ Drum</b>           |
| Cases/ Pallet | <b>48</b>                   |
| Shelf-life    | <b>12 Months</b>            |
| Pack Language | <b>English &amp; Arabic</b> |

### INGREDIENTS:

|                  |             |
|------------------|-------------|
| Cucumber         | Water       |
| Salt             | Lactic Acid |
| Non-GMO products |             |

### STORAGE AND HANDLING

|   |
|---|
| Can be kept at room temperature in a cool and dry place.            |
| Unopened may be stored for as long as 12 months.                    |
| Cover with cling film and then store under refrigerated conditions. |

### NUTRITION FACTS:

| Nutritional Value per 100g (3.5oz) |                       |
|------------------------------------|-----------------------|
| Energy                             | <b>65 kJ (16kcal)</b> |
| Carbohydrates                      | <b>3.63g</b>          |
| Sugars                             | <b>1.67</b>           |
| Dietary Fiber                      | <b>0.5g</b>           |
| Fat                                | <b>0.11g</b>          |
| Protein                            | <b>0.65g</b>          |
| Vitamins                           |                       |
| Thiamine (B1) 0.027mg              | <b>2% DVT</b>         |
| Riboflavin (B2) 0.033mg            | <b>3% DVT</b>         |
| Niacin (B3) 0.098mg                | <b>1% DVT</b>         |
| Pantothenic acid (B5) 0.259mg      | <b>5% DVT</b>         |
| Vitamin B6 0.04mg                  | <b>3% DVT</b>         |
| Folate (B9) 7µg                    | <b>2% DVT</b>         |
| Vitamin C 2.8mg                    | <b>3% DVT</b>         |
| Vitamin K 16.4 µg                  | <b>16% DVT</b>        |
| Minerals                           |                       |
| Calcium 16mg                       | <b>2% DVT</b>         |
| Iron 0.28mg                        | <b>2% DVT</b>         |
| Magnesium 13mg                     | <b>4% DVT</b>         |
| Manganese 0.079mg                  | <b>4% DVT</b>         |
| Phosphorus 24mg                    | <b>3% DVT</b>         |
| Potassium 147mg                    | <b>3% DVT</b>         |
| Sodium 2mg                         | <b>0% DVT</b>         |
| Zinc 0.2mg                         | <b>2% DVT</b>         |
| Water                              | <b>95.23g</b>         |
| Fluoride                           | <b>1.3µg</b>          |